

Restoring the Foundations
Issue-Focused Ministry

For Church and Cell/Small Group Members
and Thorough-Format Ministry Follow-up

Receiver's Guide

Third Edition
Chester & Betsy Kylstra

2 Corinthians 7:1
*...let us cleanse ourselves
from all defilement of flesh and spirit,
perfecting holiness in the fear of God.*

Restoring the Foundations
Issue-Focused Ministry
Receiver's Guide

Copyright by: Restoring the Foundations Publications, 1999, 2002, 2006, 2010, 2013
All rights reserved.

Published by: Restoring the Foundations Publications
Healing@RestoringTheFoundations.org
www.RestoringTheFoundations.org

Copies of this material in whole are forbidden without the prior written consent of the publisher. However, copies of selected pages of this material are permitted if they are to be used for teaching Issue-Focused ministers or for use in a ministry situation.

Unless otherwise noted, scripture quotations are from the New King James Version of the Bible.

KJV	King James Version		
NKJV	New King James Version	© Thomas Nelson Publishing	All rights reserved
NLT	New Living Translation	© Tyndale House Publishers.	All rights reserved.
NIV	New International Version	© International Bible Society	All rights reserved

ABBREVIATIONS

Throughout this Receiver's Guide the following abbreviations will be used:

IFM = Issue-Focused Ministry	RTF = Restoring the Foundations
MG = Minister's Guide	SOFCs = Sins of the Fathers & Resulting Curses
RG = Receiver's Guide	UGBs = Ungodly Beliefs
PQ = Personal Questionnaire	GBs = Godly Beliefs
Minister = Ministry Giver/Provider	SSHs = Soul Spirit Hurts
Receiver = Ministry Receiver	DO = Demonic Oppression

Third Edition, Version-31, September 1999, June 2001, December 2002, April 2006, March 2010, May 2013

OVERVIEW

Of Issue-Focused Ministry

The purpose of this Receiver's Guide is to prepare you to receive Restoring the Foundations (RTF) Issue-Focused Ministry (IFM). This will normally occur in your Church approved ministry room where you will receive one session of ministry. This ministry is intended to accomplish several things.

KNOWING GOD'S PROMISES

First, we want you to be familiar with the scriptures which are the basis of the healing and freedom you will receive. We want you to know God's promises to you. We want you to know the conditions that come with many of His promises. Then you can choose to meet the conditions so that you can receive His promises. You can trust and expect God to do His part as you do yours.

MINISTRY QUESTIONNAIRE

Secondly, a Ministry Personal Questionnaire (PQ) accompanies this Guide. Please fill it out after reading this Receiver's Guide. It will help you prepare to receive effective ministry from your Minister. It will help him/her focus more thoroughly on your issue. The Personal Questionnaire (PQ) should be 'tucked' into the center of this Guide. If it isn't there, please ask your Minister to provide you with one.

MINISTRY PROCESS

Thirdly, this Receiver's Guide contains an explanation of the four problem/ministry areas. It contains information about the ministry process you will be going through, including the ministry steps that will be used. We want you to know what to expect as you go for your *RTF Issue-Focused Ministry*.

LIMITED LIABILITY AND CONFIDENTIALITY

Please read and sign the Waiver of Liability and Confidentiality forms in the middle of the Personal Questionnaire (PQ). There is very important information on this form so please read it carefully. We ask you to sign both Waiver forms, showing that you acknowledge and agree with the provisions. One copy of the form will stay with your Minister, the other one will be filed in the church office.

PREPARATION FOR MINISTRY

You are encouraged to prepare your heart as you read this Receiver's Guide, fill out the PQ, and go for your *RTF IFM*. We encourage you to determine to be as open and honest as possible. Don't let pride or embarrassment stop you from sharing the truth. Truth, i.e., being real, is very important to receiving and maintaining significant healing and freedom from the Lord.

We suggest the following prayer to help you prepare your heart and to share with the Lord what you desire from Him. Please read it and see if you can pray it from your heart.

Father God, as I read this Receiver's Guide and as I fill out the Personal Questionnaire (PQ), I ask that Your Holy Spirit sensitize me to everything I need to know. Help me put everything on the PQ that needs to be on it. I choose to open myself to the leading and prompting of the Holy Spirit. I will not deny what You show me. Help me face any difficult, hurtful parts of my life. Help me face any negative things that I have inherited from my parents and ancestors. I trust you to be with me and to bring Your healing as I open myself to receive from this ministry. In the Name of Jesus Christ I ask these things. Amen.

Table of Contents

1. Welcome	page 1
2. What you will need for this Adventure	page 2
3. The Goal for this Adventure	page 3
4. Forgiveness: The Key to Freedom	page 4
5. Overview of Four Problem/Ministry Areas	page 6
6. Overview of Key Ministry Components	page 7
7. Freedom from the Sins of the Fathers & Resulting Curses	page 8
8. Changing Ungodly Beliefs into Godly Beliefs	page 9
9. Having Your Soul/Spirit Hurts Healed	page 10
10. Freedom from Demonic Oppression	page 11
11. Going through the RTF Ministry Process	
- Preparation	page 12
- Beginning Prayers	page 13
- Ministry Steps	page 14
- Steps for Optional Ministry	page 15
12. Walking Out Your Healing	page 16
Notes	page 17
Appendix A – RTF Ministry Formats	page 18
Appendix B – Selected RTF Resources	page 19

Welcome to Restoring the Foundations Issue-Focused Ministry

EMBARKING ON THE ADVENTURE

ARE YOU READY FOR AN ADVENTURE?

This Receiver's Guide will help you launch your own exciting and cooperative adventure with the Holy Spirit. It involves a form of ministry we call *Restoring the Foundations*. Its purpose is to restore the foundations of your life. This experience, plus what you will learn, will have continuing benefit for you.

ARE YOU READY TO SHED 'GARBAGE'?

Is there 'garbage' from your past weighing you down and polluting your life? *Restoring the Foundations Ministry* specializes in 'garbage disposal'!

ARE YOU READY TO FIND THE ROOTS?

Sin usually has its origin in the Sins of our Fathers. Like trees, these roots continue to produce fruit of sin yielding pain, heartbreak, corruption, and destruction. Are you ready to go on a 'seek and destroy' mission to rid your life of the bad roots as well as the bad fruit?

You are beginning a Spirit-Led adventure which will provide you with an opportunity to receive God's freedom and healing.

**You don't want your past
to hold your future captive!**

What You Will Need For This Adventure

You want to have everything you will need

1) HAVE FAITH IN GOD'S PROMISES

The essential ingredient in receiving from God is faith. Faith is believing and trusting that God's Word is true; that He can and will do what He promises He will do. Faith is having an expectation of receiving the promise before we see it.¹ Faith increases as we learn of God's promises. We learn about God's promises from the written *Logos* Word of God and also from the revealed *Rhema* Word. Either way, when we hear or see the Word of God with our heart (spirit) true faith arises.²

2) KNOW THAT YOUR SALVATION IS BIG

Many people limit the meaning of salvation to one experience. Salvation is so much more. Salvation includes all of the components shown in the box. Salvation is God's full menu of riches for you.

God's Salvation Includes:

- Deliverance
- Protection/Safety
- Help
- Victory
- Holiness
- Health
- Wholeness
- Prosperity

3) SET YOUR WILL FOR FREEDOM

Your determination to receive God's freedom is very important. Believe that God has made you 'more than a conqueror' over all of your problems.

4) ALLOW YOURSELF THE NEEDED TIME

Time to pray

Time to fill out your Personal Questionnaire

Time for your ministry

Time for the "Walking It Out" solidifying of your healing and freedom.

¹ Please see Hebrews 11:1

² Please see Romans 10:17

The Goal For This Adventure

Your ministry plan

The Bible tells us, "My people die for a lack of knowledge." When we acquire the knowledge we need about the things negatively affecting us, and we learn to appropriate the power of the Cross, we are then positioned to remove those effects and live fully in the freedom that God intends for us. RTF ministry will help you do these things. Your ministry plan, benefits and goal are:

1) YOUR MINISTRY PLAN HAS THE FOLLOWING INGREDIENTS:

- TIME: One 2-3 hour session
- FOCUS: Your current issue
- ATTITUDE: Humility, honesty, transparency
- MINISTERS: Holy Spirit and RTF ministers
- APPROACH: Dismantling the roots supporting your issue
- RESOURCES: Receiver's Guide and Personal Questionnaire
- PREPARATION: Prayer, reading this Guide, completing PQ
- UNDERSTANDING: Integrated ministry using the four problem/ministry areas

2) YOUR BENEFITS:

- A caring minister
- Quick, effective RTF ministry
- Healing and freedom
- Equipping for Spiritual Warfare
- Built-in accountability
- A plan for "Walking It Out" as you consolidate your healing and freedom

3) THE GOAL:

The goal is to move into greater freedom and release from the guilt, shame, anger, and pain that you might be in now. The goal is to deal with your issue. The goal is to "press toward the mark for the prize of the high calling of God in Christ Jesus!"¹ With the Lord's help, you will obtain the goal!

¹ Please see Philippians 3:14.

Forgiveness: the Key to Freedom

Living in an attitude of forgiveness

Forgiveness is the principle key that paves the way to freedom in all the problem/ministry areas. Without forgiveness, healing is hindered at best and stopped at worst. Since forgiveness underlies each of the four ministry areas of SOFCs, UGBs, SSHs, and DO, you will be asked to forgive many times as you go through the RTF ministry.

God requires us to forgive even when we have been very hurt. Frequently, the deeper the hurt the harder it is to forgive. Although it may be hard, even very hard, we want you to forgive as much as you are able; even if you have to purpose to set your will to forgive when you really don't want to.

Once we forgive others, then we are positioned to ask God to forgive us. He promises to do this for 'His sake,' not ours. He wants us to be free and He wants our fellowship from a grateful heart.

DEFINING FORGIVENESS

Forgiveness is the setting of one's will, the making of a decision, to release an offending person or situation. When we forgive, we choose to set them free. By choosing this we also set ourselves free. We choose to not hold resentment or bitterness. We let go of our plans for retaliation. We let go of the feeling that, "They owe me!"

CONSEQUENCES OF UNFORGIVENESS

In the days of the Roman Empire, if a person killed another, the dead body was strapped to the body of the one who killed him. Over time, the decay of the dead body would begin to seep through the pores of the skin of the one who carried it. It would eventually poison the person carrying the body and he too would die.

Living in unforgiveness is like strapping the unforgiven person to you. The poison of holding him in unforgiveness will seep into your own life and poison you.

When you hold unforgiveness, you are spiritually tied to the very thing that you hate. Forgiveness is setting the other person free, so you can also be free. Forgiveness releases both parties.

FORGIVENESS MEANS

- To cancel debt.
- To grant relief from payment.
- To pardon, to excuse an offense without extracting a penalty.
- To cease to feel resentment against an offender.
- To choose not to hurt those who have hurt you.

Forgiveness: the Key to Freedom

Living in an attitude of forgiveness

STRUGGLING TO FORGIVE? LET THESE AIDS HELP

- Forgiveness is needed because hurting people hurt people.
- Forgiveness is a decision of the will, not the emotions. Feelings will change as you forgive and receive healing of your heart.
- Forgiveness is that spot or that place that activates the healing of God.
- Sometimes complete forgiveness is a cycle of healing and forgiving. As you forgive as much as you can, you position yourself to receive more healing. As you receive more healing, you will be able to forgive more completely.
- Forgiveness does not mean the offense against you was 'okay'.
- Forgiveness means you choose to let God judge your offender rather than judging him/her yourself.
- God has commanded that we forgive, so it is not optional or open for debate.
- Forgiveness is easier when you think about how much God, through Jesus Christ, has already forgiven you.

FORGIVENESS SCRIPTURES

Mark 11:25-26 *"And whenever you stand praying, if you have anything against anyone, forgive him, so that your Father in heaven may also forgive you your trespasses. But if you do not forgive, neither will your Father in heaven forgive your trespasses."*

Matthew 18:34-35 *"And his master was angry, and delivered him to the torturers until he should pay all that was due to him. So My heavenly Father also will do to you if each of you, from his heart, does not forgive his brother his trespasses."*

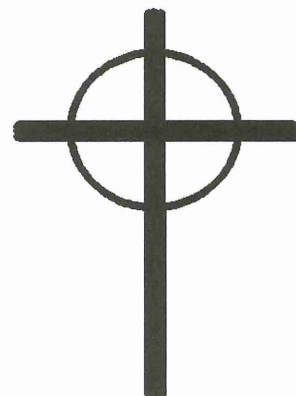
Isaiah 43:25 *"I, even I, am He who blots out your transgressions for My own sake; And I will not remember your sins."*

1 John 1:9 *"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."*

FORGIVENESS CROSS MEMORY AID

As you consider forgiving, realize that there are three 'directions' that forgiveness may need to flow.

- Horizontal Bar – Represents our forgiving others
(and others forgiving us)
- Vertical Bar – Represents our asking God to forgive us
(and us releasing God from our judgments)
- Circle (Halo) – Represents us forgiving ourselves



Overview of the Four Problem/Ministry Areas

Applying these can bring you freedom

Restoring the Foundations Ministry addresses the four foundational problem/ministry areas that affect every person. It uses the insight that we must minister to each one of the four areas in 'concert,' because each one interacts with the others.

SINS OF THE FATHERS AND THE RESULTING CURSES (SOFCS)

When a person sins by putting their trust in something other than the true and living God, the curse contained within the second commandment is activated, "*visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me*" (Exodus 20:5). Since everyone who sins this way 'hates' God (i.e., is disobedient), there is no escape from the 'pressure' of this curse for any of us, since all of us have ancestors who have sinned. Curses are the penalty, or judgment, for sin. Jesus shed His blood at the Cross that the power/pressure of curses might be broken. However, each one of us must appropriate what Christ did for us into each area of sin in our lives, including the effects/pressure of the ancestral sins and curses. This appropriation is not automatic since we must receive it, as well as everything else we receive from God, by faith.¹ God establishes the pattern for receiving in Leviticus 26:40. This pattern is demonstrated for us in Daniel 9, Ezra 9, and Nehemiah 2 and 9. We see it expressed in 1 Peter 1:18 and in 1 John 1:9. God requires us to acknowledge our sin of entering into our ancestor's sin, release them, receive His forgiveness, and appropriate Christ's freedom into our lives.

UNGODLY BELIEFS (UGBs)

UGBs come from the lies we have believed. We form UGBs from life's circumstances, particularly the 'hurtful' situations. We make decisions about people: we judge them, we have expectations about what they are like, and how they will treat us. We decide what the world is like and how to survive in it. We are also taught worldly 'truths' as mankind attempts to make sense out of his existence. Lies, by definition, are contrary to God's Word, His nature and His character. We can convert our UGBs into Godly Beliefs (GBs) through a process of confession, repentance, and renewing our minds (Romans 12:2).

SOUL/SPIRIT HURTS (SSHs)

Jesus came to heal the brokenhearted (Luke 4:18). Hurts, like open wounds, might be right at the surface of a person's life. Or they might be buried so deep that the person has forgotten them. Wherever they are, they affect each one of us every day. As we 'Wait upon the Lord' with 'Listening Prayer', Jesus comes to heal the hurts of our soul and spirit. He reveals to us what He wants to heal, and then He heals what He reveals.

DEMONIC OPPRESSION (DO)

After you and your Minister have co-labored with Christ to receive your freedom and healing in the first three problem/ministry areas, the demonic strongholds oppressing you can be disassembled and removed (Mark 16:17), as the victory that Christ has already won for you is enforced in your life.

¹ Please see Hebrews 11:6.

Overview of Some Key Ministry Applications

Tools to help get you free

There are many specific spiritual woundings that come from the four problem areas. Two of the most common and most significant are Word Curses and ungodly Soul Ties. It is possible that your Ministry will find it necessary to include these as he works with the Holy Spirit to remove the roots under-girding your issue.

WORD CURSES

DEFINITION: Word Curses are any negative words spoken with authority and received by the person being spoken to, causing the person to think/feel negatively about himself, thereby empowering him to fail. Word curses can also be spoken by the person about himself.

Common Themes About Curses Found In The Bible¹

- Biblical examples of consequences in people's lives after they disobeyed God:
 - < Accidents
 - < Barrenness, Miscarriages
 - < Death, Premature Death
 - < Dearth
 - < Disease
 - < Drought
 - < Destruction
 - < Defeat, Failure
 - < Deportation
 - < Destitution
 - < Disgrace
 - < Debt, Poverty

SOUL TIES

DEFINITION: There are two kinds of soul ties – godly and ungodly. We find godly Soul Ties in healthy parent-child relationships, close relationships, and in intimate marriages. We honor these good soul ties and do not want to interfere with them. Ungodly Soul Ties are unhealthy and need to be broken. They have been formed when another person has too much influence or the wrong kind of influence in our life. This influence may come through co-dependency, control, manipulation, or intimidation in an attempt to take away our free will. Ungodly Soul Ties are also formed in any sexual relationship with someone other than our spouse.

Biblical Examples Of Godly Soul Ties

- 1Samuel 18:1 *“Jonathan became one in spirit with David and he loved him as himself”.*
- Mark 10:7-8 *“Therefore a man shall leave his father and mother and hold fast to his wife, and they shall become one flesh.”*

Examples Of Ungodly Soul Ties

- Inverted parent –child relationships
- Any relationship with strong unhealthy, perverted, and/or dysfunctional emotional bonds
- When a person cannot choose of his own free will because of another's influence on him

¹ Fee, Gordon D., and Douglas Stuart, *How to Read the Bible for All it's Worth*, Grand Rapids" Zondervan Publishing House, 1982, page 136.

Sins of the Fathers and Resulting Curses

It was for freedom that Christ set us free

Our ancestors/parents have sinned. Curses, the consequences of those sins, are passed down through the generations. These curses affect our lives. It is possible that the current issue you are dealing with is related to ancestral curses.

God, in His great mercy, knew that we would need help to get free of ancestral sins and the resulting curses. Jesus became a 'curse' on our behalf so that we could be free. As He hung upon the Cross, He took onto Himself all of our sins, all of our ancestors' sins, and all of the consequences (curses) of these sins. You can receive (appropriate by faith) the power and reality of the Cross into your life to cancel and stop the effects of these curses.

SOFCs SCRIPTURES

Exodus 20:4-5 *"You shall not make for yourself an idol ... You shall not bow down to them nor serve them. For I, the Lord your God, am a jealous God, visiting the iniquity of the fathers upon the children to the third and fourth generations of those who hate Me."*

Leviticus 26:40-42 *"But if they confess their iniquity and the iniquity of their fathers, ... if their uncircumcised hearts are humbled, and they accept their guilt — then I will remember My covenant with Jacob, and My covenant with Isaac and My covenant with Abraham I will remember; I will remember the land."*

Galatians 3:13 *"Christ has redeemed us from the curse of the law, having become a curse for us, for it is written, 'Cursed is everyone who hangs on a tree.' "*

1 John 1:9 *"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."*

RESULTS OF CURSES	COMMON SINS & CURSES
<ul style="list-style-type: none">• Generational curses put pressure on us to sin in the same ways our ancestors did.• We may also inherit demons that pressure us.• We learn sin patterns from our families.	<ul style="list-style-type: none">• Abandonment• Abuse• Disease/illness• Fears of all kinds• Sexual impurity

IDENTIFICATIONAL REPENTANCE

In Leviticus 26, God gives us a pattern and a promise. If we confess our sins, the sins of our fathers, and humble ourselves, He will remember His covenant. That is, He 'remembers' that we are part of His family. He then makes available all of the resources of heaven to bring restoration. This is called 'Identificational Repentance' because we identify with our ancestors and repent on their behalf as well as our own. This breaks the power of the pressure of Sins of the Fathers and the Resulting Curses. Sometimes, demonic strongholds are brought down solely by this repentance. There are examples of this principle in Daniel 9, Ezra 9, and Nehemiah 2 and 9.

Changing Ungodly Beliefs into Godly Beliefs

It's time to exchange the lies we believe for the truth

God wants us to believe His Word, to come into agreement with Him. Our beliefs affect who we are, how we perceive ourselves, our world view, and how we relate to others and to God. He does not want our 'truth' based on the 'facts' of our experiences. Coming into agreement with God requires our minds to be renewed. Unlike 'breaking' curses or 'casting out' demons, the process of renewing our minds normally takes time. Renewing your mind is a vital part of your 'growing up' into the 'fullness of Christ'. It is an important part of coming into a fresh place of intimacy with Father.

UGBs SCRIPTURES

Romans 12:2 "And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

Proverbs 23:7 "For as he (a man) thinks in his heart, so is he."

WHAT ARE UNGODLY BELIEFS?

Ungodly Beliefs (UGBs) are anything you believe which is not in agreement with God's Word, His nature, or His character.

HOW DO YOU GET AN UGB?

- From hurtful experiences.
- From family and friends.
- From the culture you live in.

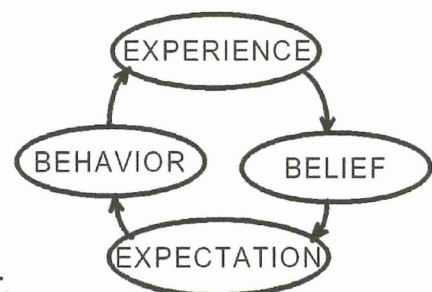
TYPICAL UGB EXAMPLES

- I'm all alone.
- Nobody is there for me.
- My survival depends on my abilities.

THE DYNAMICS OF THE BELIEF-EXPECTATION CYCLE

1. Beliefs are formed out of **Experiences**.
2. These **Beliefs** lead to expectations that similar things will happen to us.
3. These **Expectations** of life shape our behavior, and affect the behavior of other people.
4. These **Behaviors** lead to repeated experiences that continue to confirm and reinforce our Beliefs.
5. If our experiences are negative they can lead to Ungodly Beliefs, unrealistic expectations of life, and negative behavior.
6. When Ungodly Beliefs are replaced with Godly Beliefs, the same process leads to Godly expectations of life, and Godly behavior. The cycle then becomes a cycle of life!

What you 'really' believe determines how you behave in a time of difficulty.



Having Your Soul/Spirit Hurts Healed

Don't let the hurts of your past hold your future captive

God wants you to be healed. He wants you to have real and lasting healing in your life. Then you will be free to love Him, to love others, and to love yourself. Then you will be free to fulfill the destiny He has for you.

SSHs SCRIPTURES

Psalm 147:3 *"He heals the brokenhearted and binds up their wounds."*

Luke 4:18-19 *"The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised ..."* KJV

THE BIG LIE	THE BIG TRUTH
<p data-bbox="284 735 690 808"><i>"Once you have forgiven others, you will be completely healed."</i></p> <p data-bbox="178 814 787 934">If you have accepted this lie, you are probably wondering why you still hurt even after you have worn out your 'forgiver.' The key is to ...</p>	<p data-bbox="901 745 1372 787"><i>"A healed heart is a divine exchange."</i></p> <p data-bbox="828 793 1445 945">... also receive healing of your heart. When you offer to Jesus your broken heart, your hurts, and your unforgiveness, He gives to you His healing in exchange.</p>

DAVID – ONE EXAMPLE OF BEING REAL

The Bible states that David was a man after God's own heart. He is a model showing us how to be real with God. In Psalm 142 he tells God of his feelings of loneliness, hopelessness, and feeling trapped. He asks God to 'bring his soul out of prison.' David 'pours out his complaint' to the Lord.

WILL YOU BE REAL WITH GOD?

To receive healing, it is important to share your real feelings with God. He will not be surprised or shocked. He already knows how you feel. He is not waiting to punish you, He wants to heal you. Ask the Lord to help you be real with Him and with yourself. In the past, you may have 'stuffed' the pain just to survive. Ask Him to help you find the pain so that you can release it to Him.

PSALM 142 - POURING OUT OUR COMPLAINT

I cry out to the Lord; I plead for the Lord's mercy. I pour out my complaints before Him and tell Him all my troubles. When I am overwhelmed, You alone know the way I should turn. Wherever I go, my enemies have set traps for me.

I look for someone to come and help me, but no one gives me a passing thought! No one will help me; no one cares a bit what happens to me.

Then I pray to You, O Lord. I say, "You are my place of refuge. You are all I really want in life. Hear my cry, for I am very low. Rescue me from my persecutors, for they are too strong for me. Bring me out of prison so I can thank You. The godly will crowd around me, for You are good to me." NLT

Freedom from Demonic Oppression

Jesus came to destroy the works of the devil

Jesus defines what is normal. When He saw people being tormented by demons, He commanded the demons to leave. Freeing people from demons was a normal part of Jesus' life and ministry. When Jesus died on the Cross, He defeated satan and his demons for all time. He gave this victory to the church. He wants us to extend His victory to everyone. He wants you to enforce this victory in your life.

DO SCRIPTURES

1 John 3:8 "... For this purpose the Son of God was manifested, that He might destroy the works of the devil."

Acts 10:38 "... How God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him."

Mark 16:17 "And these signs will follow those who believe; in My name they will cast out demons ..."

DO YOU QUALIFY?

Jesus said, "Believers shall cast out demons." You don't have to be a 'Super Christian' to cast out demons. You just have to be a believer! He has given you the authority of His Name!

THE DON'TS OF CASTING OUT DEMONS	THE DO'S OF CASTING OUT DEMONS
<ul style="list-style-type: none">• Don't get embarrassed or scared.• Don't 'throw up'.• Don't yell at the demons.• Don't be weird or spooky.	<ul style="list-style-type: none">● Do forgive all others.● Do set your will to get free.● Do repent of all sin.● Do confess Sins of the Fathers.● Do break the Resulting Curses.● Do renew your mind.● Do obtain healing of your hurts.
Demons leave because of the authority of Jesus' Name. They leave more easily as we remove 'legal ground' given by sin and as we appropriate the finished work of Christ on the Cross.	

GOD'S PLAN FOR DELIVERANCE - 'LITTLE BY LITTLE'

In Exodus 23:29-31 God gives a picture of the process of our deliverance from demons. He says they will leave 'little by little' rather than all at once. As we gain spiritual strength and can possess more of our 'land' (our self), we will gain more and more freedom from demons. So receive all you can right now and be expectant that there is more freedom for you in the days to come.

Exodus 23:29-31 "But I will not drive them out in a single year, ... (but) little by little I will drive them out before you, until you have increased enough to take possession of the land. ... I will hand over to you the people who live in the land and you will drive them out before you. NIV

Going Through the *RTF Ministry* Process

Preparation for the Lord's healing and freedom

God did not complicate the Gospel. He made it easy for us. Once we understand the few basic principles involved in God's promises, it is easy to work with the Holy Spirit to continue to gain more and more healing and freedom.

When you meet with your Minister for an RTF IFM session, he will ensure that the four problem/ministry areas are covered. He will lead you through the ministry process laid out on the following pages.

However, before meeting with your Minister, ensure you have completed the following items. Then you will be 'primed' and ready to go .

PREPARATIONS COMPLETED?

- ✓ scheduled a meeting time with your Minister.
- ✓ prayed to understand and prepare for RTF ministry.
- ✓ read this Receiver's Guide.
- ✓ completed the Personal Questionnaire.
- ✓ signed the Waiver of Liability and Confidentiality form.
- ✓ given the Personal Questionnaire to your Minister.
- ✓ prayed some more and prepared your heart to receive.

UNDERSTANDING YOUR ISSUE

Your issue may seem enormous to you. It may have been with you for a long time. It may seem to be overwhelming. However, as you and your Minister go over your Personal Questionnaire, his questions will help both of you come to an understanding of the roots of your issue. Then as you work together with your Minister and the Holy Spirit, you will find healing and freedom coming to you in that area of your life.

Going Through the *RTF Ministry* Process

Ministers and Receivers beginning prayers

Beginning the *RTF Issue-Focused Ministry*

MINISTER'S OPENING PRAYER

Your Minister will start the ministry time with an opening prayer. When he finishes, he will ask you to pray the following Receiver's Submission Prayer. Please read through it now so that you will be ready to pray it when you meet with your Minister.

RECEIVER'S SUBMISSION PRAYER

LORD, I am here because I need your help. I ask You to be here with me as I go through this ministry process. I ask You to heal and deliver me and to put fresh hope in my life. I thank You for loving and accepting me just as I am, yet loving me too much to let me stay as I am.

LORD, help me take responsibility for all that is mine. Open my eyes to every way I have been blind.

LORD, I confess my sins before You. I confess the sins of my ancestors. I choose to not hold them responsible for the effects of their sins on my life. I release them from any way I blamed them for my sins. I renounce my ancestors' sins and release myself from their effects based on the finished work of Christ on the Cross.

LORD, on the same basis I break the power of every curse coming against me or my descendants because of my ancestors' sins. I cancel all legal rights of demons to oppress me or my descendants because of my ancestors' sins. I cancel all dedications made by my ancestors affecting me and my descendants. I declare that I am completely and eternally owned by the Lord Jesus Christ.

LORD, I thank you for helping me see the lies I have believed. I am ready to have my mind renewed. Thank You for Your enabling grace to carry me through the process.

*LORD, thank You for going with me through all pain and hurt. Please expose the lies holding the pain in place. Bring Your healing to all 'held-in' pain. Lord, if I have judged You in any way, please help me to see where the blame really should be placed, *on myself or on satan.**

LORD, You are my deliverer. Set me free from every demon that has influenced or tormented me in my current issue. I choose to use the authority You have given me over all the power of the enemy. I do choose to be totally set free and to continue to walk in that freedom.

HOLY SPIRIT, be the revealer of Truth and be my Comforter. In the precious name of Jesus Christ I pray, amen!

Going Through the *RTF Ministry* Process

Ministry steps to help receive the Lord's healing and freedom

MINISTRY STEPS - SOFCs

1. I **confess** the sins of my ancestors, my parents, and my own sin of _____ including _____, _____, etc. (*Briefly listen to the Holy Spirit for additional revelation about sins/curses to be included.*)
2. I choose to **forgive** and **release** my ancestors, as well as all others who have influenced me, for these sins and curses, and for the consequences in my life. (*Specifically who?*)
3. I ask You to **forgive** me, Lord, for these sins; for yielding to them and to the curses. I **receive** Your forgiveness.
4. On the basis of Your forgiveness, I choose to **forgive** myself for entering into these sins.
5. I **renounce** the sins and curses of _____. I **break** these powers from my life and from the lives of my descendants through the redemptive work of Christ on the Cross.
6. I **receive** God's freedom from these sins and the resulting curses. I **receive** _____. (*Listen and receive blessings from the Lord to replace the sins/curses.*)

MINISTRY STEPS - UGBs

1. I **confess** my sin [(if appropriate) and my ancestors' sin] of believing the lie that _____.
2. I **forgive** those who contributed to my forming this UGB. (*Specifically who?*)
3. I ask You, Lord, to **forgive** me for receiving this UGB, for living my life based on it, and for any way I have judged others because of it. I **receive** Your forgiveness.
4. On the basis of Your forgiveness, Lord, I choose to **forgive** myself for believing this lie.
5. I **renounce** and **break** my agreement with this UGB. I **cancel** my agreement with the kingdom of darkness. I **break** all agreements I have made with demons. (*Pause and develop the Godly Belief.*)
6. I choose to **accept, believe, and receive** the Godly Belief that _____.

MINISTRY INGREDIENTS - SSHs

1. **Listen/Watch:** Allow the Holy Spirit to reveal the hurt that started or contributed to your issue.
2. **Process Memory:** Your Minister will assist you in processing the hurtful memory.
3. **Listen/Watch:** Hear/see what Jesus says/does as He brings His healing to you.

MINISTRY STEPS - DO

1. (*Include Step 1 if not ministered to in SOFCs*)
 - a. I **confess** my sins of _____ and **forgive** all who have influenced me to sin.
 - b. I **repent** for giving place to the demons of _____.
 - c. I **forgive** myself for the pain and limitations I have allowed the demons to inflict upon me.
2. In the Name of Jesus, I **renounce** and **break** all agreement with the demonic stronghold of _____, including all associated demons of _____, _____, etc.
3. I take **authority** over the demonic stronghold of _____ and **command** this stronghold and all associated demons to leave me now based on the finished work of Christ on the Cross and my authority as a believer. (*Now cast out the primary demon and the associated demons one by one!*)

Going Through the RTF Ministry Process

Steps for optional ministry

MINISTRY STEPS – WORD CURSES

1. I **forgive** (if appropriate use 'myself') _____ for cursing me with the spoken word, by saying _____. (Repeat step 1 for all curses, then go to steps 2&3.)
2. I **repent** for receiving these curses and giving them place in my life. I ask You to **forgive** me, Lord. I **receive** Your forgiveness.
3. I **renounce** and **break** the legal right and power of these curses in my life based on the shed Blood of Jesus Christ and His finished work on the Cross. I **appropriate** the power of the Cross to cancel all judgments and to stop the work of all demons associated with these curses.

MINISTRY STEPS – UNGODLY SOUL TIES

(Repeat steps 1 and 2 for each ungodly Soul Tie with another person, then go to steps 3-5.)

1. I **confess** all emotional and spiritual ungodly Soul Ties with _____.
2. I **forgive** _____ for his/her part with these ungodly Soul Ties.
3. I **ask Your forgiveness**, Lord, for my sin associated with these ungodly Soul Ties.
4. I **renounce** and **break** each ungodly Soul Tie. I **release** myself from each person I have named.
5. I **renounce** and **cancel** the assignments of all demons associated with these ungodly Soul Ties.

MINISTRY STEPS - FORGIVENESS

Father, You have made it clear that You desire the healing and freedom for me that forgiveness brings. You ask that I forgive so I can receive Your forgiveness.

1. Therefore, I **choose to forgive** _____ for _____. (Repeat as needed)
2. I **forgive all** who have set me up to enter into sin and all who have hurt me out of their own hurts.
3. I **release** them from any debt that I thought they owed me. I **let go** of all judgments toward them and punishments that I have wanted them to have.
4. I turn all of this and them over to You. In the Name of Jesus I pray. Amen!

MINISTRY STEPS – SELF-FORGIVENESS

1. Father, because You have forgiven me, I choose to **forgive myself** for all the ways I have hurt others out of my own hurts, and the ways I have hurt myself.
2. I choose to **forgive** and **release** myself from all accusations, judgments, hatred, and slander I have made against myself.
3. I **forgive myself** for the mistakes, stupidity, and other ways I have fallen short of God's best.
4. I **choose** to accept myself just as I am, because I know that You, Lord, accept me just as I am. I know that You love me. So with Your help, I choose to begin to love myself just as I am, knowing that you will not leave me in this condition, but You will draw me forward, **freeing me** from my current state.
5. Holy Spirit, I give You permission to work Your work of sanctification in me. I embrace fully, and look forward to, Your changing me into the image of Christ.
6. In the Name of Jesus Christ I pray. Amen!

Walking Out Your Healing

Walk in newness of life

FINAL INSTRUCTIONS

There is no point in receiving wonderful ministry from the Lord and then letting it slip away. To avoid this, your Minister will go over the following items with you. Please, prayerfully consider these as strong suggestions of things to do to maintain your healing and freedom. By the way, these are things that all Christians should be doing because they are part of the normal Christian life.

PUT ON THE WHOLE ARMOR OF GOD *Ephesians 6:10-18*

Like it or not, the Christian life is one of spiritual warfare. Either the enemy will 'beat you up' or you will 'beat up the enemy' by walking in the victory that Christ has won for you.

RENEW/GUARD YOUR MIND *Romans 12:2, 2 Corinthians 10:4-6*

The battle is in the mind. Pray/meditate for a minimum of 30 days on your new Godly Beliefs. You want the truth settled in your heart. When your mind and heart are in agreement with God's Word, your previous agreement with the enemy will be completely canceled.

GUARD YOUR MOUTH *Psalms 141:3, Philippians 4:8-9, Matthew 12:34-37*

Be careful what you let come out of your mouth. When you recognize a different Ungodly Belief, go through the Ungodly Belief Ministry Steps and replace it with a Godly Belief.

CONTINUE SSH HEALING *Luke 4:18, Psalm 147:3, Psalm 23:2-3*

As you learn more about receiving healing for your hurts, continue to go to the Lord in your private prayer time to ask for further healing.

RESIST THE DEVIL *James 4:7*

When you submit yourself unto God, then you can resist the devil and he will flee. Bind any demons that still have 'legal rights' to remain. Forbid them to operate until their legal ground is recovered. If you should slip and fall, repent, do self-deliverance if necessary, and go on again.

OVERCOME BY THE WORD OF YOUR TESTIMONY *Revelation 12:10-11*

Sharing with others what God has done in your life is a good thing to do. Giving God the glory for your healing and freedom strengthens you. Stay active in your spiritual warfare, however, because the enemy doesn't like it when you give God glory.

MINISTER'S CLOSING PRAYER

Your Minister will bring the ministry session to a close with prayer. If you like, you may express your thanksgiving to God for what He has done for you during the session. We join with you in celebrating the goodness of God, and what He has done for us all!